

### RISK ASSESSMENT FORM

Name:	Age:	Date:
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#### PHYSICAL RESTRAINTS ARE ONLY USED AS A RESPONSE TO IMMEDIATE SAFETY CONCERNS AND NOT AS "THERAPEUTIC HOLDING".

**Chart #1** is used to determine the possible risk of harm to a resident during physical holding.

**Chart #2** is used to determine the likelihood that physical holding will be necessary for this resident. Caregivers should note that the following charts are only a guideline, and thus, in every circumstance vigilance in monitoring should be imposed. Prior to any physical holding, alternative efforts will be made to de-escalate the resident.

#### CHART #1 RISK OF INJURY TO RESIDENT

##### Primary Factors

- ☐ Mania
- ☐ Obesity
- ☐ Respiratory syndromes including
- ☐ Asthma and Bronchitis (x2)
- ☐ Cardiovascular disorders (x2)
- ☐ Use of neuroleptic/stimulant medication
- ☐ Racial Characteristics
- ☐ Large Stature

##### Secondary Factors

- ☐ Position of restraint (e.g. prone) (x2)
- ☐ Prolonged Struggle (e.g., > 15 minutes) (x2)
- ☐ Drug/alcohol intoxication

##### Total number of factors=

(Ensure that those factors marked X2 are added twice)

#### CHART #2 POTENTIAL FOR THE NEED TO RESTRAIN

- ☐ Hx of previous restraints  
☐ none=0; ☐ few=2; ☐ many=4
- ☐ Hx of previous aggression  
☐ none=0; ☐ few=2; ☐ many=4  
(if 0 then skip next question)
- ☐ Seriousness of previous aggression  
☐ minor=1; ☐ moderate=3; ☐ serious=5
- ☐ Mood instability  
☐ none=0; ☐ some=1; ☐ serious=2
- ☐ Impulsivity  
☐ none=0; ☐ some=1; ☐ serious=2
- ☐ Hx of self-harm  
☐ none=0; ☐ minor=1; ☐ serious=2
- ☐ School maladjustment  
☐ none=0; ☐ minor=1; ☐ serious=2
- ☐ Interpersonal difficulties  
☐ none=0; ☐ few=1; ☐ many=2

##### Total Score=

- A** Low risk of injury; Low probability of restraint-utilize standard protocol for restraints.
- B** Low risk of injury; high probability of restraint-increase observation re: safety and security, proactive treatment (e.g., medication, relationship building, and skills development).
- C** High risk of injury; Low probability of restraint- re-evaluate risk frequently; ensure vigilant monitoring if restraint occurs; provide as much leeway as possible with respect to de-escalation; utilize two staff for restraints.
- D** High risk of injury; High probability of restraint- re-evaluate risk frequently; informed consent of restraint to be received by all interested parties; vigilant in monitoring restraints; ensure two staff available for restraints; increase observation re: safety and security, proactive treatment (e.g., medication, relationship building, skills development, and one to one staffing).

		Risk of Restraint	
		Low 0-8	High >8
Risk of Injury	Low 0-4	A	B
	High 5-10	C	D

Signature of Director of Services

Signature of Parent/Guardian